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IRA Contributions		
	2024	2025
Traditional & Roth	\$7,000	\$7,000
Catch-up Contribution (Age 50 and older)	\$1,000	\$1,000

RS

Traditional IRA Deduction Phase Outs Active participants (active participant in a qualified plan) 2024 2025 Single or Head of HH \$77,000 - \$87,000 \$79,000 - \$89,000 Married Filing Joint \$123,000 - \$143,000 \$126,000 - \$146,000 Married Filing Separate \$0-\$10,000 \$0-\$10,000

Non-active participants full contribution is deductible (if married, neither spouse active)

Spousal contributions - If one spouse is an active participant, deductibility for nonactive spouse phases out: \$230,000- \$240,000

Roth IRAs				
Roth IRA contribution phase outs				
	2024	2025		
Single or Head of HH	\$146,000-\$161,000	\$150,000-\$165,000		
Married Filing Joint	\$230,000- \$240,000	\$236,000-246,000		
Married Filing Separate	\$0-\$10,000	\$0-\$10,000		
IRS Guidance Publications				
Contributions to IRAs		Publication 590-A		
Distributions from IRAs		Publication 590-B		
Employer Sponsored Retirement Plan Publication 560				
(SEP, SIMPLE, and Qualified Plans)				

Employer Retirement Plans			
	2024	2025	
Elective Deferrals 401k, 403b, 457	\$23,000	\$23,500	
Catch-Up 401(k), 403(b), 457 (Age 50 & older)	\$7,500	\$7,500	
Defined Contribution Plan Limit	\$69,000	\$70,000	
Highly Compensated Employee	\$155,000	\$160,000	
Maximum Includable Compensation	\$345,000	\$35,000	
Annual Benefit Limit	\$275,000	\$280,000	
Key Employee	\$220,000	\$230,000	
SEP IRA Annual Addition Limit	\$69,000	\$70,000	
Simple IRA Limit	\$16,000	\$16,500	
Simple IRA Catch-up	\$3,500	\$3,500	
IRAs & Ret	tirement Plan Contrib	outions	
Retirement Plan Distributions KEV Misc. Deductions & Exemptions			

KEY

Social Security & Medio Estate Tax

Tax Rates

RMD		
RMD Formula = Prior Year 12/31 Account Balance		
Life Expectancy		
Life Expectancy = distribution period for age you will turn in the distribution year		

Employer Plan / IRA Distributions

Uniform Life Expectancy Table (ULET)

Age	Distri	bution	Age	Distri	butio
	Period	%		Period	%
70	29.1	3.44	93	10.1	9.9
71	28.2	3.55	94	9.5	10.
72	27.4	3.65	95	8.9	11.
73*	26.5	3.78	96	8.4	11.
74	25.5	3.93	97	7.8	12.
75	24.6	4.07	98	7.3	13
76	23.7	4.22	99	6.8	14.
77	22.9	4.37	100	6.4	15.
78	22	4.55	101	6	16.
79	21.1	4.75	102	5.6	17.
80	20.2	4.96	103	5.2	19.
81	19.4	5.16	104	4.9	20.
82	18.5	5.41	105	4.6	21.
83	17.7	5.65	106	4.3	23.
84	16.8	5.96	107	4.1	24
85	16	6.25	108	3.9	25.
86	15.2	6.58	109	3.7	27.
87	14.4	6.95	110	3.5	28.
88	13.7	7.3	111	3.4	29.
89	12.9	7.76	112	3.3	30.
90	12.2	8.2	113	3.1	32.
91	11.5	8.7	114	3	33.
92	10.8	9.26	115+	2.9	34.

If you reached age 73 in 2023, you were 72 in 2022 and subject the age 72 RMD rule in effect for 2022.

Life Expectancy

IRS Life Expectancy Tables

Age	Single	Joint	Age	Single	Joint
50	36.2	42.3	71	18	22.5
51	35.3	41.3	72	17.2	21.6
52	34.3	40.3	73	16.4	20.7
53	33.4	39.4	74	15.6	19.8
54	32.5	38.4	75	14.8	18.9
55	31.6	37.4	76	14.1	18.1
56	30.6	36.5	77	13.3	17.2
57	29.8	35.5	78	12.6	16.4
58	28.9	34.5	79	11.9	15.6
59	28	33.6	80	11.2	14.7
60	27.1	32.6	81	10.5	14
61	26.2	31.7	82	9.9	13.2
62	25.4	30.8	83	9.3	12.4
63	24.5	29.8	84	8.7	11.7
64	23.7	28.9	85	8.1	11
65	22.9	28	86	7.6	10.4
66	22	27	87	7.1	9.7
67	21.2	26.1	88	6.6	9.1
68	20.4	25.2	89	6.1	8.5
69	19.6	24.3	90	5.7	8
70	18.8	23.4			
Joint =	Joint life ex	pectancy of m	nale and fema	le of the s	ame age

Required Distribution Options After Death				
Designated Beneficiary	Death Prior to RBD	Death on or a	After RBD	
Spouse	Treat as Own Life Expectancy 5-Year Rule	Treat as Own Life Expectancy		
Non-Spouse	Life Expectancy	Life Expectancy		
	5-Year Rule			
Non-Spouse (After 12/31/19)	10-Year Rule	10-Year	Rule	
RBD = Required Beginning				
Plans may require faster pa	yout than RMD rules require			
Exceptions to the 10% penalty for distributions prior to age 59 1/2				
	NQ Annuity	Qual Plans	IRAs	
Death	x	x	x	
Disability	х	x	х	
SEPP 72(t)	Х	х	х	
Medical Expenses (> 7.5% AGI)		x	x	
Birth or Adoption of Child	I.	x	x	
Age 55: Separated	From Service/QDRO	x		
Health Ins. Prem. for Une		x		
Qual. First Time Homebuy	ver / Reservist		x	
College Expenses		x		

Health Savings Account Deduction/Contribution Limits					
	Minimum Deductible	Maximum Out-of- Pocket	Deduction/ Contribution Limit	55+ Catch- up	
Single	\$1,650	\$8,050	\$4,300	\$1,000	
Family	\$3,300	\$16,100	\$8,500	\$1,000	
Standard Deduction					
Filling Status 2024 2025					
Single			\$14,600	\$15,000	
Married Filing Joint			\$29,200	\$30,000	

Single	\$14,600	\$15,000
Married Filing Joint	\$29,200	\$30,000
Head of Household	\$21,900	\$22,500
Married filing Separate	\$14,600	\$15,000

Additional \$1550 if >65 or blind (\$1950 if unmarried).

Misc. Exemption & Deductions		
Personal Exemption	Eliminated	
Mortgage Interest Deduction	Debt Limit: \$750,000	
Medical Expenses	Deductible If > 7.5% AGI	
Moving Expenses	Only For Military	
Long Term Care Insurance Deduction		

tible after exceeding 7.5% of the AGI in medical expenses.

Deductible after exceeding 7.5% of the AGI in medical expenses.			
Age	2024	2025	
< 40	\$470	\$480	
41-50	\$880	\$900	
51-60	\$1,760	\$1,800	
61-70	\$4,710	\$4,810	
> 70	\$5,880	\$6,020	

2025 Tax & Retirement Guide

FICA/Social Security & Medicare			
	Social Security Tax	Medicare Tax	FICA Tax (total)
Employee portion	6.2%	1.45%	7.65%
Employer portion	6.2%	1.45%	7.65%
Totals	12.4%	2.9%	15.3%
Self-employed	12.4%	2.9%	15.3%
Totals	12.4%	2.9%	15.3%
Earned Income Subject to Tax			
Year	Max Earned Income Subject to Social Security Tax		
2022	\$147,000		
0000	¢160.000		

2022	\$147,000
2023	\$160,200
2024	\$168,600
2024	\$176,100

Capital Gain/Dividend Rates				
<\$48,350	\$48,350-533,400			
<\$96,700	96700-600,050			
<\$64,750	64751-\$566,700	Over		
<\$48,351	\$48,351-\$300,000			
Ordinary	Ordinary	Ordinary		
0%	15%	20%		
0%	15%	20%		
	<\$48,350 <\$96,700 <\$64,750 <\$48,351 Ordinary 0%	<\$48,350		

Medicare Tax & Net Investment Income Tax (NIIT)

Medicare Tax - 0.9% & NIIT - 3.8% on the lesser of net investment income of MAGI over the following thresholds:

Single	\$200,000
Married Filing Joint (MFJ)	\$250,000
Head of Household (HofH)	\$200,000
Married Filing Separate Returns (MFS)	\$125,000
Qualifying widow(er) with dependent child	\$250,000

Alternative Minimum Tax (AMT) Exemptions

Individuals			\$88,100	
Married Filing Jointly & Surviving Spouse		\$137,000		
Married Filing Separately				\$68,500
Trusts & Estates				\$31,100
In	come Tax Rate	s for Trus	sts & Estat	es
Taxable Income		Tax is	Plus	Of Amount Over
Over	Not Over			

				0.001
Over	Not Over			
\$0	\$3,100	\$0	10%	0
\$3,101	\$11,150	\$310	24%	\$3,100
\$11,151	\$15,200	\$2,242	35%	\$11,150
\$15,201	-	\$3,491	37%	\$14,450

This information is a general discussion of the relevant and projected federal tax laws for 2024 provided to promote ideas that may benefit a taxpayer. It is not intended for, nor can it be used by any taxpayer for the purpose of avoiding federal tax penalties. Taxpayers should seek the advice of their own advisors regarding any tax and legal issues specific to their situation.