

2025 Health Savings Account (HSA) Guide

HSA Eligibility		
Qualified High-Deductible Health Plan Requirements (QHDHP)	2025	
	Individual	Family
QHDHP Minimum Deductibles	\$1,650	\$3,300
QHDHP Maximum Out-of-Pocket Amounts ¹	\$8,300	\$16,600

¹ Including deductibles, co-payments, and other amounts, but excluding premiums. See IRS Publication 969 (www.irs.gov) for more information.

HSA Contribution Limits

Qualified High-Deductible Health Plan Requirements (QHDHP)		2025
	Individual	Family
HSA Contribution Limits (employer + employee)	\$4,300	\$8,550
HSA Catch-Up Contributions (Age 55 and over)	\$1,000	\$1,000

HSA balances rollover year to year, unlike Flexible Spending Accounts (FSA).

Qualified HSA Funding Distribution (QHFD)

A one-time *tax free* rollover from an IRA to an HSA. Rollover along with other contributions can not exceed the contribution limit for the year. Contribution can only be made for the current year.

Tax Advantages		
Employee	Contributions are pre-tax	
	• Growth (interest earned) is tax-free	
	Withdrawals for qualified medical expenses tax- free	
Employer	Contributions to employees HSA are deductible	
	Contributions to employees HSA are FICA tax-free	

Beneficiary	
Spouse	Tax-free transfer to their HSA
Non-Spouse	Taxable as income

At Age 65

*Special Consideration	S
65 yrs. and older	Use for retirement income, but taxable.
Pre-65 yrs.	 Use for Non Qualified Medical Expenses taxable plus 20% penalty

Long-Term Care Premiums

HSA funds can be used tax-free to pay Long-Term Care insurance premiums up to limits based on age.

Age	Tax free withdrawal for LTCi
< 40	\$480
41-50	\$900
51-60	\$1,800
61 - 70	\$48,150
> 70	\$6,020